**TASK: Memorize the excerpt from “Our Deepest Fear”.**

* Read first stanza from paper and record 5x on your recorder.
* Listen to each recording.
* Decide which recording you like best, if any. Keep recording until you have a favorite.
* Once Favorite is selected, use this recording to aid in memorization.
* Listen to Favorite line-by-line. Pause recording and work on memorizing that section before moving to next line.
* Repeat until entire excerpt is memorized.
* ***Prepare to share the memorized First Stanza (highlighted) at start of Friday's class 8/6.***

**--------------------------------------------------------------------------**

**“Our Deepest Fear”**

EXCERPT:

Our deepest fear is not that we are inadequate.

Our deepest fear is that we are powerful beyond measure.

It is our light, not our darkness

That most frightens us.

We ask ourselves

Who am I to be brilliant, gorgeous, talented, fabulous?

Actually, who am I *not* to be?

[I am YOUR FIRST & LAST NAME].

[My] playing small

Does not serve the world.

There's nothing enlightened about shrinking

So that other people won't feel insecure around [me].

We are all meant to shine.

It is not just in some of us;

it is in everyone.

As we let our own Light shine,

we unconsciously give other people permission to do the same.

As we are liberated from our own fear,

our presence automatically liberates others.

*\*Note, in an effort to include diverse religious beliefs, a line was changed.*